

MIONS-France (Close to Lyon)

April 4th , 2010

11th International Judo Tournament *Benjamins (born in 1998 and 1999), Minimes (born in 1996 and 1997)*

In 10 years, 23 countries participated to the tournament:

Algeria

Austria

Belgium

Belarus

Bosnia Herzegovina

Bulgaria

Croatia

France

Germany

Greece

Ireland

Italy

Lithuania

Monaco

Morocco

Netherlands

Romania

Russia

Slovenia

Spain

Switzerland

Ukraine

United Kingdom



April 5th , 2010

International Judo Training Camp *Benjamins, Minimes*

**Internet Site: www.judomions.fr
e-mail : judo.mions@hotmail.fr**



Section Judo Ju-Jitsu

Maison des Associations - 7 Allée du Château 69780 MIONS FRANCE

Fax : (+33) 4 72 28 87 89 e-mail : judo.mions@hotmail.fr

Site web : www.judomions.fr

FROM : Denis ROGER
(+33) 6 24 98 31 23
RE : International Judo tournament
DATE : 31st august, 2009

Dear friends,

We are very pleased to invite you to our 11th international Judo contest, on April 4th, 2010

This contest is dedicated to girls and boys born in 1999, 1998, 1997, 1996 (benjamins and minimes).

We are enclosing a document which presents the contest. We would be obliged if you could give a prompt reply concerning this sporting event, as your answer will enable us to organize your coming.

Please return the following documents after completion :

- ✓ Registration form (before November 15th, 2009)
- ✓ List of competitors (before march 1st, 2010)

to : M. Denis ROGER
66 rue Maryse BASTIE
69008 LYON France

Or by e-mail : judo.mions@hotmail.fr

ATTENTION :

Further to the success of our previous tournaments, we have to limit the number of judokas, as a security and organisation measure. We shall accept only the 500 first judokas for the Sunday (benjamins and minimes). The number of participants is limited to 12 contestants, plus 2 adults per team.

Your presence would be greatly appreciated and would contribute towards the success of our contest,

We thank you in advance.

The President of the section Judo
Jean-Paul BLANC

The general Coordinator
Arnaud PERRIER

SECTION JUDO DE L'AMICALE LAÏQUE DE MIONS

11th INTERNATIONAL MIONS TOURNAMENT

SUNDAY APRIL 4th, 2010

DETAILS (International Teams)

The fare for your journey is at your own expense but as soon as you arrive in the region of Lyon our association will take charge of you: housing, meals and moving will be in charge of our association.

How to get to MIONS Dojo:

- ✓ If you intend to come by plane, the airport is Lyon St Exupéry, if you come by train, you will arrive at Lyon Part Dieu station. In both cases, we shall pick you up and bring you back to the airport or to the station.
- ✓ Our town, MIONS is situated very near Lyon. If you come by road, proceed on the motorway A46 South, leaving it at number 13 exit, MIONS centre. Then follow the sign posts to the MIONS dojo near town centre. An access map is attached.

We can look after foreign teams bringing 12 contestants + 2 adult escorts (1 referee and 1 official club representative). But there is no imposed minimum amount of contestants. This tournament welcomes individual contestants and incomplete groups. We hope that this initiative will be the opportunity of meeting many judokas.

SECTION JUDO DE L'AMICALE LAÏQUE DE MIONS

11th INTERNATIONAL MIONS TOURNAMENT

SUNDAY APRIL 4th, 2010

CONTEST RULES

The proceedings of the contest are as follows:

Female and Male individual combat in weight categories for benjamins (1999, 1998) and minimes (1997,1996).

Contests in table, with double repechage.

The competition will be organized, according to the number of opponents with the reference rules of the F.F.J.D.A.

Weighing will be checked, but the weight category of each judoka must be noted in the pre-inscription sheets.

POINTS:

10 points for the 1st
7 points for the 2nd
5 points for the 3rd

PRIZES:

Medals and Cups for the different classification by clubs.

The trophy goes to the winner having achieved 3 consecutive victories after the final classification.

SECTION JUDO DE L'AMICALE LAÏQUE DE MIONS

11th INTERNATIONAL MIONS TOURNAMENT

PROCEEDINGS

SATURDAY APRIL 3rd, 2010:

- ✓ 11.00 a.m. Reception of the first international teams.
- ✓ 13h30 - 14h15 Registration poussin(e)s (born 1999-2000).
- ✓ 14h30 Interclubs poussin(e)s (born 1999-2000).
- ✓ 05.00 p.m. Reception of national teams.
- ✓ 06.15 p.m. Aperitif d'honneur, Organisation of the housing in host families for foreign judokas.

SUNDAY APRIL 4th, 2010:

- ✓ 08.00 a.m. /08.30 a.m. Weighing Benjamines (girls) (all teams)
- ✓ 09.00 a.m. Beginning of the competitions
- ✓ 08.30 a.m./09.15 a.m. Weighing Benjamins (boys) (all teams)
- ✓ 10.00 a.m./11.00 a.m. Weighing Minimes (boys) (all teams)
- ✓ 02.15 p.m./02.45 p.m. Weighing Minimes (girls) (all teams)
- ✓ 07.30 p.m. End of competitions.
- ✓ 07.45 p.m. General classification of clubs.
- ✓ 08.00 p.m. End of contest.
- ✓ 08.00 p.m. /09.30 p.m. Arrangement of the gymnasium and mats for the training camp
- ✓ 09.30 p.m. Dinner with volunteers and coaches of teams participating to the training camp

Individual medals will be awarded throughout the day and a temporary general classification will be regularly communicated.

At your disposal, drinks, snacks, sandwiches and others.

TELL IT TO YOUR JUDOKAS.

MONDAY APRIL 5th, 2010:

- ✓ 09.30 a.m. / 05 p.m. International Judo Training Camp Benjamins, Minimes

SECTION JUDO DE L'AMICALE LAÏQUE DE MIONS

11th INTERNATIONAL MIONS TOURNAMENT

SUNDAY APRIL 4th, 2010

REFEREEING ADJUDICATION (may change)

BENJAMIN(E)S (born in 1998 and 1999)

Weighing of all teams from **8.00 a.m. to 8.30 a.m (girls)** and from **8.30 a.m. to 09.15 a.m. (boys)**. No tolerance on the weight.

Girls

-32 kg, -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63kg, +63 kg

Boys:

-30kg, -34 kg, -38 kg, -42 kg, -46 kg, -50 kg, -55 kg, -60 kg, -66 kg, +66 kg

Contest duration : 2 minutes in table with double repechage.

Immobilisations : 20 seconds **Ippon** from 15 to 19 seconds **Waza-ari**
from 5 to 14 seconds **Yuko**

Technical values : Yuko, Waza-Ari and Ippon (no Koka)

REFEREEING MUST BE EDUCATIVE.

I) Grips

a) non installed grip

b) gripping around the neck is forbidden, the hand which hold the lapel must, at the higher, be at clavicle level.

c) Below the belt grips are strictly forbidden **in attack and defence**.

II) Warnings :

a) **SUTEMI** and **MAKIKOMI** are forbidden.

b) **Arm blocking** (Kansetsu waza) and **strangling** (Shime waza) are forbidden.

III) Penalties :

1st interruption. Free warning from the referee with explanation of the fault.

2nd interruption. Penalty then addition of penalties according to I.J.F. rules.

The referee must interrupt any action considered as being dangerous (with the possibility of stopping the combat if necessary).

SECTION JUDO DE L'AMICALE LAÏQUE DE MIONS

11th INTERNATIONAL MIONS TOURNAMENT

SUNDAY APRIL 4th, 2010

REFEREEING ADJUDICATION (may change)

MINIMES (Born in 1996 and 1997)

Weighing of all teams from **10.00 a.m. to 11.00 a.m.(boys)** and **14.15p.m. to 14.45p.m. (girls)**. No tolerance on the weight.

Minimes girls:

-36 kg, - 40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, +70 kg.

Minimes boys:

-34kg, -38 kg, -42 kg, -46 kg, -50 kg, -55 kg, -60 kg, -66 kg, -73 kg, +73 kg.

Contest duration : 3 minutes in tables with double repechage.

Immobilisations : 20 seconds **Ippon** from 15 to 19 seconds **Waza-ari**
From 5 to 14 seconds **Yuko**

Technical values : Yuko, Waza-Ari and Ippon (no Koka)

REFEREEING MUST BE EDUCATIVE.

I) Grips :

Strictly forbidden to grip below the belts when attacking.

II) Technical forms:

b) **Arm blocking** (Kansetsu waza) and **strangling** (Shime waza) are forbidden.

III) Penalties :

1st interruption. Free warning from the referee with explanation of the fault.

2nd interruption. Penalty then addition of penalties according to I.J.F. rules.

The referee must interrupt any action considered as being dangerous (with the possibility of stopping the combat if necessary).



Section Judo Ju-Jitsu

Maison des Associations - 7 Allée du Château 69780 MIONS FRANCE

Fax : +33 4 72 28 87 89 e-mail : judo.mions@hotmail.fr

Site web : www.judomions.fr

V/CORRESP. : **Denis ROGER**
+33 6 24 98 31 23
 OBJET : **Stage international de Mions**
 DATE : **August 31st 2009**

Dear friend,

We are very pleased to invite you to our international judo training camp on April 5th, 2010. This training camp is organised for boys and girls born in 1999, 1998, 1997, 1996 (benjamins and minimes).

The courses are performed by duly graduated professors from the Mions Club, among which Arnaud Perrier, as well as professors from Europeans teams.

The training surface is 500 m².

Please, after completion, return the following document (before January 15th, 2010) to :

M. Denis ROGER
66 rue Maryse BASTIE
69008 LYON, France

Or by e-mail : judo.mions@hotmail.fr

Special rate for Foreign Teams : 30 € per people

This cost includes :

Sunday dinner, lodging for Sunday night, Monday breakfast and Monday lunch.

We thank you in advance.

The President of Judo section

Jean-Paul BLANC

The general Coordinator

Arnaud PERRIER