



MIONS – France (close to Lyon)



April 4th, 2010

11th International Judo Tournament *Minimes (born 96-97), Benjamins (born 98-99)*

In 10 years, 23 countries participated to the tournament:

Algeria

Austria

Belgium

Belarus

Bosnia Herzegovnia

Bulgaria

Croatia

France

Germany

Greece

Ireland

Italia

Lithuania

Monaco

Morocco

Netherlands

Romania

Russia

Slovenia

Spain

Switzerland

Ukraine

United Kingdom



April 5th, 2010

International Judo Training Camp *Minimes, Benjamins*

Internet Site : www.judomions.fr

e-mail : judo.mions@hotmail.fr



Some informations about the tournament and the training camp

The tournament is dedicated to the children (girls and boys) born in 1996-1997 (Minimes) and 1998-1999 (Benjamins).

In 10 years, it became one of the three more significant tournaments for this category of age in Europe.

Mions is a town of 10 000 inhabitants, located at the east of Lyon, in France, and is accessible by motorway, train (TGV) and air (airport of Lyon Saint-Exupéry).

Conditions of the tournament:

The voyage, outward journey and return, are with your expenses, but as of your arrival in Lyons area, you will be dealt with by our organization: lodging, meals, displacements during your stay are dealt with by the club.

The children are lodged in families of judokas of Mions, the adults at the hotel. We can manage foreign teams bringing 12 contestants + 2 adult escorts. For the clubs which consider a higher number of combatants, please contact us.

This tournament proceeds in the form of individual, female and male contests, by categories of weight with the reference rules of the F.F.J.D.A. The weights will be checked but the weight category will have to be indicated in pre-inscription forms. Each candidate will have to be in possession of his sporting passport.

Weight categories:

Benjamins (girls): -32 kg, -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, +63 kg

Benjamins (Boys): -30 kg, -34 kg, -38 kg, -42 kg, -46 kg, -50 kg, -55 kg, -60 kg, -66 kg, +66 kg

Minimes (Girls): -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, +70 kg

Minimes (Boys): -34 kg, -38 kg, -42 kg, -46 kg, -50 kg, -55 kg, -60 kg, -66 kg, -73 kg, +73 kg

Preliminary schedule:

Saturday April 3rd, 2010: arrival of the teams

17h: installation of the adults to the hotel

18h30: official reception of the teams

19h: distribution of the children in the families

21h: dinner together with the coaches, the referees and the partners of the Judo-

Club of Mions

Sunday April 4rd, 2010:

8h: first weighings (benjamins girls)

8h30: opening ceremony

9h: beginning of the contests

19h: end of the contests, handing-over of the last rewards

The international training course:

The courses will be framed by the patented teachers from the club of Mions and from the foreign clubs.

The surface of tatamis is 500 m².

The meals will be taken jointly to encourage friendly exchanges between the participants.

For any information, consult our Internet site: www.judomions.fr

or contact us: judo.mions@hotmail.fr